Key features and benefits of insurance coverage for LUV plan

Your policy

We have specially designed this plan as a group term life policy issued to **NTUC**. This group insurance policy provides financial protection to **NTUC** members and their **husbands**, **wives** and **dependants**.

This document only lists the key features and benefits of the **insured**'s cover under the plan. It is not an insurance contract, and does not have any legal effect. The full terms and conditions of the insurance contract is in the **master policy**.

Words used in this document, if defined in the **master policy** or in this document have the same meanings given to them in the **master policy** and this document (including Appendix 3).

Eligibility

NTUC members, their **husbands**, **wives** and **dependants** must meet the following conditions and any other conditions which **we** may reasonably ask for under this plan.

- You must be aged 16 to 64 and a registered member of the NTUC.
- Your husband or wife must be legally married to you and not separated or divorced from you and also be aged 16 to 64.
- A dependant must be your unmarried natural or legally adopted child who is aged 15 days to 17 years.

You must give **us** details of everyone to be covered before the **start date** of cover for each person.

1 What your policy covers

Your policy covers the following benefits.

1.1 Death from all causes

We pay the sum assured if the insured dies from any cause unless where the insured, whether sane or insane, dies due to suicide or attempted suicide within one year from:

- the start date; or
- the reinstatement date;

whichever is later.

If death of an **insured** is due to suicide or attempted suicide within 12 months from the date of any increase in the **sum assured** for the **insured**'s cover, **we** will pay the **sum assured** which was in force 12 months before the death of the **insured**.

1.2 Total and permanent disability from any

We pay the sum assured if the insured suffers total and permanent disability due to any cause before the age of 65 while the insured's cover is in force unless the total and permanent disability is a result of self-inflicted injury.

Even though the **insured**'s cover ends after **we** pay the **sum assured**, **we** will pay a further monthly sum equal to 1% of the **sum assured**:

- for 12 months;
- until the insured reaches 65 years of age; or
- if the insured dies;

whichever is earliest.

We will make the first payment of the monthly sum one month after **we** pay the **sum assured**.

If the **insured** is diagnosed with any **critical illness** by a **registered medical practitioner** after **we** have paid the **sum assured** for **total and permanent disability**, **we** will pay the rest of any unpaid monthly sum in one lump sum.

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1.3 Partial and permanent disability due to an accident

If the **insured** suffers any **loss** described in the **table of compensation** (Appendix 2) before the **age** of 65 while the **insured**'s cover is in force, **we** pay a percentage of the **sum assured** as long as:

- the loss resulted directly from an accident; and
- the loss happened within 365 days after the accident.

We do not pay if the **loss** is caused directly or indirectly, totally or partly by:

- self-inflicted injuries, suicide or attempted suicide while sane or insane;
- war (declared or not), revolution or any warlike operation;
- military or naval service in time of war, or while under order for warlike operations or to restore public order; or
- · racing on wheels.

We will not pay more than 100% of the **sum assured** for one or more **losses** for any one **accident**.

1.4 Hospital cash benefit

If an **insured** has an illness or injury and has to stay in a **hospital** in Singapore after the **start date** of the **insured**'s cover, for each day the **insured** is in **hospital**, we will pay a daily hospital cash **benefit** of \$\$5 for every \$\$10,000 of the **sum assured**. We will pay this for up to 365 days for each period of the **insured**'s stay in **hospital**.

To avoid any doubt, if the start of the **insured**'s stay in the **hospital** is before the **start date** of their cover, we will not pay this **benefit** (even if the period of the **insured**'s stay in **hospital** continues after the **start date** of their cover).

Each stay in **hospital** must be for at least six hours in a row before **we** will pay any hospital cash **benefit**. No minimum period is needed if the **insured**'s stay in **hospital** is for a surgical operation, or if the **hospital** bills for daily room and board charges.

We do not pay this **benefit** in the following circumstances.

- The insured has to stay in hospital for any illness or injury which is caused directly or indirectly, totally or partly, by:
 - 1 strike, riot or civil commotion;
 - 2 war, warlike operations or terrorism;

- **3** being under the influence of intoxicating liquor or any narcotic or drug;
- **4** suicide, attempted suicide, provoked assault, self-inflicted injury, or taking part in any brawl;
- 5 insanity or any other disorders of the mind;
- 6 sexually transmitted infections, childbirth, pregnancy or miscarriage and their complications;
- 7 infertility, sub-fertility, assisted conception or any contraceptive operation;
- 8 congenital disorders;
- 9 taking part in flying or other flying activities except as a fare-paying passenger on a regular scheduled passenger flight of a commercial aircraft; and
- 10 acquired immunodeficiency syndrome (AIDS), AIDS-related complex or infection by human immunodeficiency virus (HIV) except HIV due to blood transfusion and occupationally acquired HIV as shown in Item 20 of Appendix 3 - list of critical illnesses.
- If the insured's stay in a hospital is for an illness or injury (except due to an accident) which happens during the first 30 days from the start date of the insured's cover.

1.5 Critical illness (for Deluxe cover only)

We pay either part (for angioplasty and other invasive treatment for coronary artery) or all of the sum assured, in line with the terms and conditions in the list of critical illnesses in Appendix 3, if the insured is diagnosed with any critical illness for the first time by a registered medical practitioner while insured under the Deluxe cover.

We do not pay the **sum assured** in the following circumstances.

- If the **insured**'s **critical illness** is caused directly or indirectly, totally or partly, by:
 - self-inflicted injury or illness;
 - 2 the influence or deliberate misuse of drugs or alcohol;
 - 3 an episode of coronary artery or ischaemic heart disease that happens before the start date of the insured's cover;
 - 4 any pre-existing condition relating directly or indirectly to the critical illness or where the insured received medical treatment or asked for medical advice (which relates directly or indirectly to the critical illness) before the start date of the insured's cover; or

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- 5 acquired immunodeficiency syndrome (AIDS), AIDS-related complex or infection by human immunodeficiency virus (HIV) except HIV due to blood transfusion and occupationally acquired HIV as shown in Item 20 of Appendix 3 - list of critical illnesses.
- For major cancer, coronary artery bypass surgery, heart attack of specified severity and angioplasty and other invasive treatment for coronary artery, we will not pay if the diagnosis for the first time by a registered medical practitioner is made within 90 days from the start date or reinstatement date (if any) of the insured's cover, whichever is later.
- For the other remaining critical illnesses, we will not pay if the diagnosis for the first time by a registered medical practitioner is made within 30 days from the start date or reinstatement date (if any) of the insured's cover, whichever is later.

For major cancer, coronary artery bypass surgery, heart attack of specified severity and angioplasty and other invasive treatment for coronary artery, if the diagnosis for the first time by a registered medical practitioner is made before the end of 90 days from any increase in the sum assured for the insured's cover, we will pay the sum assured which was in force 90 days before the diagnosis is made for the first time.

For the other **critical illnesses**, if the diagnosis for the first time by a **registered medical practitioner** is made before the end of 30 days from any increase in the **sum assured** for the **insured**'s cover, **we** will pay the **sum assured** which was in force 30 days before the diagnosis is made for the first time.

1.6 Exception for full-time national service

This plan does not cover any claim or **loss**, arising directly or indirectly, totally or partly, out of the **insured** taking part in full-time national service.

2 What you can do on your policy

2.1 Changes to the policy

After the **start date** of cover for an **insured** but before the next premium due date, **you** may change the sum insured based on the **type of plan** available or the **type of cover**. This depends on:

- us accepting the change (we may add extra terms for cover including increasing the insured's premium and more exclusions);
- the **insured** filling in any forms **we** ask;
- the insured giving us all significant information we need relating to the cover; and
- paying all the **premiums** due.

2.2 Reinstating cover

If an **insured**'s cover has ended due to not paying a **premium** due, **you** may apply to reinstate it no later than 12 months after the cover has ended. The reinstatement will depend on our approval and the following terms and conditions. **You** must:

- pay all premiums due;
- provide satisfactory proof of the insured's good health (and pay any costs involved in doing this);
- confirm that the **insured** is still eligible for cover;
- confirm that there has been no significant change in the risks covered; and
- agree to other terms or conditions we consider are necessary (including increasing the insured's premium and adding more exclusions).

3 Our responsibilities to you

3.1 Claims

Depending on the terms, conditions and limits in the master policy and if you have paid the premium and the insured's cover is valid, we will pay the benefits according to the type of plan and cover you have chosen.

We must be told within six months after the diagnosis or the event giving rise to the claim. You (or your legal representative) must tell us in writing, giving full details and providing the proof we need. You must give us the documents we need with your claim form.

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The **insured member** must provide adequate medical evidence and **we** may ask the **insured** to have a medical examination by a **registered medical practitioner** that **we** have appointed. Diagnosis of any **critical illness** must be supported by acceptable clinical, radiological, histological and laboratory evidence and confirmed by a **registered medical practitioner**.

If a claim or any part of a claim is false or fraudulent, or if **you** or the **insured** uses fraudulent methods to claim any **benefit**, **we** can do any or all of the following.

- We will not pay, and you will lose, all benefits.
- We will end your policy.
- We will refuse to renew your policy.
- We will add extra terms and conditions.
- We will take any action we consider is necessary.

Before **we** pay any **benefit**, **we** can take off any **premiums** that **you** owe from the **benefit**.

3.2 Who we pay benefit to

We may pay the benefit to you or, if it applies, your executors, administrators, nominees or proper claimants, as the case may be, if we receive:

- satisfactory proof of the event we will pay benefit for;
- proof of the relationship of the person claiming;
 and
- proof of the date of birth of the **insured**.

4 Your responsibilities

4.1 Premium

You must pay us the premium to receive the benefits.

The **type of cover** and **type of plan** which **you** have chosen will set:

- the amount of premium you have to pay; and
- the sum assured we have to pay.

Please see the **table of plans**, **premiums and discounts** in Appendix 1 for details.

4.2 Change in premium

The **premium** that **you** pay for this **policy** is not guaranteed and can change:

- based on the age of the insured on their next birthday; or
- when we change the premium rates in the table of premiums in Appendix 1.

We will write to NTUC and you at your last-known address, at least 30 days before the change is to take place, to tell you what your new premium is.

4.3 Failing to pay premiums

We give you 30 days from the premium due date to pay the **premium**. During this 'grace' period, the **insured**'s cover will stay in force.

Unless **we** agree to extend the grace period, if **you** have still not paid the **premium** after the grace period comes to an end, the **insured**'s cover for which the **premium** has not been paid will automatically end on the day the grace period ends.

You are responsible for paying us all premiums due or amounts owed for the period before the end of the insured's cover even if the insured's cover has ended.

You are responsible for making sure that **premiums** are paid up to date.

5 What you need to be aware of

5.1 Start and length of cover

The **start date** of an **insured**'s cover will depend on when **we** accept the proposal form and receive the **premium**.

The **insured**'s cover starts from the **start date** and applies until the end of the **contract term** shown in the policy schedule or when an event which results in the end of the **insured**'s cover happens, whichever is earlier.

NTUC or **we** may end the **master policy** by giving at least three months' written notice to the other. At the end of the notice period, all cover under this **policy** will also automatically end when the period of cover for which the **premiums** has been paid comes to an end.

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5.2 Free-look period

You can cancel the insured's cover by giving us a written request within 14 days from receiving the certificate of insurance. If you cancel, we will refund any premiums paid, less any medical fees paid in assessing the risk under this policy. If we send the certificate of insurance by post, we assume it has been delivered and received in the ordinary course of the post, seven days after the date it is posted.

5.3 Sum assured

- The maximum sum assured for you, your husband or wife or dependant is \$200,000 each.
- The sum assured for your husband or wife or dependant must not be more than your sum assured unless we reduce your sum assured due to underwriting reasons.

5.4 End of insured's cover

The **insured**'s cover ends if any of the following events happens:

- NTUC or we end the master policy;
- you end this policy;
- you end the cover for your husband or wife or dependant, whichever applies;
- we do not receive the premium for the insured's cover after the grace period;
- you, as the main insured, stop being an NTUC member for any reason;
- the **insured** stops being eligible for cover;
- if you or your husband or wife is the insured, when you or they reach age 65 if you or your husband or wife applied for cover after age 60;
- if you or your husband or wife is the insured, when you or they reach the age of 70 if you or your husband or wife applied for cover at age 60 or younger;
- if your dependant is the insured, when your dependant reaches the age of 25;
- the contract term ends;
- the claim that is made for the insured's cover is fraudulent:
- the insured dies or becomes totally and permanently disabled as diagnosed by a registered medical practitioner, whichever applies;
- the insured claims for partial and permanent disability arising from one accident, and we have paid 100% of the sum assured or total amount equal to 100% of the sum assured;

- for claims for partial and permanent disability arising from more than one accident, we have paid a minimum total amount of 100% of the sum assured; or
- unless we are due to pay only part of the benefit for critical illness, it will end on the date the insured is diagnosed by a registered medical practitioner as suffering from any of the critical illnesses as shown in the table of critical illnesses in Appendix 3.

This will apply when the earliest of these events happens.

At the end of the **insured**'s cover, **we** will not refund the **premiums** paid for the month the cover ends. **We** will refund any **premiums** paid for future months.

There is no cash-in value available when the **insured**'s cover ends.

5.5 Loyalty discount

You will enjoy a discount based on the number of years that the **insured** has been insured with **us**. Please see the **table of loyalty discount** in Appendix 1 for details.

5.6 Nominating beneficiaries

If we provide cover to an insured member on their own life, the insured member may nominate (choose) any person to receive the share of the benefits in line with the Insurance Act and the Insurance (Nomination of Beneficiaries) Regulations.

Any **benefit we** pay to any person the **insured member** has nominated, or if they have not nominated someone, to the **insured member**'s legal personal representatives or **proper claimants**, will be the end of our legal responsibility in relation to that payment.

5.7 Medical examination

If the **insured** is claiming for a disability, **we** may need the **insured** to be examined by a particular **registered medical practitioner**.

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5.8 Total compensation

The compensation **we** will pay for the same **accident** or cause will not be more than the limit **we** pay under the **benefit** for death, **total and permanent disability**, partial and permanent disability or **critical illnesses**, whichever applies.

If arising from the same **accident** or cause, an **insured** is entitled to claim for more than one **benefit**, **we** will not pay more than the limit due under only one **benefit** for the highest amount of compensation.

For claims for partial and permanent disability arising from the same **accident**, when **we** pay the total amount of 100% of the **sum assured**, **we** will not accept any further claims.

For claims for partial and permanent disability arising from more than one **accident**, when **we** pay a minimum total amount of 100% of the **sum assured**, **we** will not accept any further claims.

For claims for partial and permanent disability and a further claim for death or total and permanent disability or critical illness, if we agree to pay the claim for death or total and permanent disability or critical illness, we will not accept any further claims.

5.9 Dealing with disputes

Any dispute or matter arising under, out of or in connection with **your policy** must be referred to the Financial Industry Disputes Resolution Centre Ltd (FIDREC) to be dealt with (if it is a dispute that can be brought before FIDREC).

If the dispute cannot be referred to or dealt with by FIDREC, the dispute must be referred to and decided using arbitration in Singapore in line with the Arbitration Rules of the Singapore International Arbitration Centre which apply at that point in time. We will not be legally responsible under your policy unless you have first received an award under arbitration.

5.10 Excluding third-party rights

A person who is not directly involved in **your policy** will have no right under the Contracts (Rights of Third Parties) Act (Cap. 53B) to enforce any of its terms.

5.11 Notice of communication

We will assume any notice or communication under this **policy** has been given and received if sent:

- a personally on the day it is delivered;
- b by prepaid mail within seven days after the mail is sent:
- by fax immediately, as long as a transmission report is produced by the machine from which the fax was sent which shows that the fax was sent to the fax number of the person receiving it; or
- **d** by email, text message or other electronic means as soon as it is sent.

5.12 Policy owners' protection scheme

This **policy** is protected under the Policy Owners' Protection Scheme which is administered by the Singapore Deposit Insurance Corporation (SDIC). Coverage for your **policy** is automatic and no further action is required from **you**. For more information on the types of benefits that are covered under the scheme as well as the limits of coverage, where applicable, please contact Income or visit the GIA/LIA or SDIC websites (www.gia.org.sg or www.lia.org.sg or www.sdic.org.sg).

5.13 Refusing to pay a claim

After the **insured** or **insured member** have been continuously covered for one year from the cover **start date** or **reinstatement date**, **we** will pay the claim unless:

- it is a case of a fraud;
- the insured member fails to pay a premium;
- the insured or insured member has a material pre-existing condition which the insured or insured member did not tell us about when the insured member applied for this policy if health declaration is required;
- the insured or insured member fails to tell us any significant information or information which is true, correct and complete which would have reasonably affected our decision to accept the insured member's application; or
- the claim is excluded or not covered under the terms of this policy.

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6 Definitions

Accident means an unexpected incident that results in an injury or death. The injury or death must be caused entirely by being hit by an external object that produces a bruise or wound; except for injury or death caused specifically by drowning, food poisoning, choking on food, or suffocation by smoke, fumes, or gas.

Age means the actual age unless we are referring to premiums and then we mean the age at the next birthday.

Benefit means the amount **we** will pay under the terms and conditions of this **policy**.

Community hospital means a hospital in Singapore that is recognised by the Ministry of Health as a community hospital which provides intermediate health-care facilities to patients who are well enough to be discharged from acute-care hospitals, but are still not ready to return home.

Contract term means the period of the **insured**'s cover as shown in the policy schedule.

Critical illness means any critical illness listed in Appendix 3.

Dependant means any of **your** unmarried natural or legally adopted child.

Endorsement means any written statement or notice **we** have issued to confirm and record changes to the terms and conditions of the **master policy**.

Hospital means:

- a restructured hospital;
- a licensed private hospital in Singapore; or
- any other hospital we accept.

This does not include a community hospital.

Husband or **wife** means **your** legally married husband or wife who is not separated or divorced from **you**.

Insured means the person named as the insured in the policy schedule.

Insured member means the person named in the policy schedule who meets the eligibility requirements and is a member of **NTUC**.

Loss or **losses** means total and permanent loss or loss of use of a limb as shown in the table of compensation in Appendix 2.

Master policy means the LUV plan master policy entered into between **NTUC** and **us**.

Nominee means a person nominated (chosen) in line with Clause 5.6 above and the Insurance Act and the Insurance (Nomination of Beneficiaries) Regulations.

NTUC means the National Trades Union Congress, Singapore.

Policy means the LUV plan policy **you** have entered into with **us**.

Pre-existing condition means any illness, disease or condition:

- which the insured asked for or received treatment, medication, advice or diagnosis (or which they ought to have asked for or received);
- which was known to exist, whether or not the insured asked for treatment, medication, advice or diagnosis; or
- which the insured had symptoms for and would have led a reasonable and sensible person to get medical advice or treatment;

before the **start date** or **reinstatement date** (if any), whichever is later.

Premium means the premium as shown in Appendix 1.

Proper claimant is defined in the Insurance Act (Chapter 142).

Registered medical practitioner means a doctor qualified in western medicine who is licensed and authorised in the geographical area they are practising in to provide medical or surgical services. This cannot be you, the insured or your or the insured's parent, brother or sister, husband or wife, child or relative.

Reinstatement date means the date when **we** approve **your** application for reinstatement or when **we** receive the reinstatement **premium**, whichever is later.

Restructured hospital means a hospital in Singapore that is run as a private company owned by the Singapore Government and which meets broad policy guidance from the Singapore Government through the Ministry of Health of Singapore. They receive a government subsidy each year to provide subsidized medical services to their patients.

Start date means the date **your policy** starts and is shown in the policy schedule.

Sum assured means the sum assured which is due under the **type of plan you** have chosen.

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Total and permanent disability and totally and permanently disabled means:

- the inability to take part in any paid work for the rest of a person's life; or
- total physical loss.

Total physical loss means:

- the total and permanent loss of sight in both eyes;
- the loss of, or total and permanent loss of use of, two limbs at or above the wrist or ankle; or
- the total and permanent loss of sight in one eye and the loss of, or total and permanent loss of use of, one limb at or above the wrist or ankle.

Type of cover means the type of cover that **you** have chosen under this **policy** listed in Appendix 1.

Type of plan means the type of plan that **you** have chosen under this **policy** listed in Appendix 1.

We, us or our means Income Insurance Limited.

You or **your** means the person named in the policy schedule as the **insured member** who meets the eligibility requirements and is a member of **NTUC**.

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Appendix 1

Tables of plans, premiums and discounts

Basic cover

	Monthly premium for sum assured				
Age next birthday (Years)	Plan 1 \$10,000	Plan 2 \$50,000	Plan 3 \$100,000	Plan 4 \$150,000	Plan 5 \$200,000
1 to 18 (see point 1 below)	\$0.70	\$3.50	\$7.00	\$10.50	\$14.00
19 to 45	\$0.90	\$4.50	\$9.00	\$13.50	\$18.00
46 to 50	\$1.35	\$6.75	\$13.50	\$20.25	\$27.00
51 to 55	\$2.15	\$10.75	\$21.50	\$32.25	\$43.00
56 to 60	\$3.00	\$15.00	\$30.00	\$45.00	\$60.00
61 to 65 (see point 2 below)	\$3.80	\$19.00	\$38.00	\$57.00	\$76.00
66 to 70	\$12.10	\$60.50	\$121.00	\$181.50	\$242.00

Deluxe cover

	Monthly premium for sum assured				
Age next birthday (Years)	Plan 1 \$10,000	Plan 2 \$50,000	Plan 3 \$100,000	Plan 4 \$150,000	Plan 5 \$200,000
1 to 18 (see point 1 below)	\$1.20	\$6.00	\$12.00	\$18.00	\$24.00
19 to 45	\$2.00	\$10.00	\$20.00	\$30.00	\$40.00
46 to 50	\$3.00	\$15.00	\$30.00	\$45.00	\$60.00
51 to 55	\$4.25	\$21.25	\$42.50	\$63.75	\$85.00
56 to 60	\$5.60	\$28.00	\$56.00	\$84.00	\$112.00
61 to 65 (see point 2 below)	\$15.00	\$75.00	\$150.00	\$225.00	\$300.00
66 to 70	\$37.00	\$185.00	\$370.00	\$555.00	\$740.00

Note:

- 1. The oldest your dependant can take up this policy is age 17. Your dependant will be covered till the age of 25.
- 2. The oldest you and your husband or wife can take up this policy is age 64. If you take up this policy at or before age 60, you will be covered till you reach the age of 70. If you take up this policy after age 60, you will be covered till you reach the age of 65.

Loyalty discount

Years covered under LUV plan	Premium discount	
3 to 5 years	3%	
6 to 10 years	5%	
11 to 15 years	7%	
More than 15 years	10%	

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Appendix 2 Table of compensation

Item	Description of loss		Percentage of sum assured
1	Loss of arm		100%
2	Loss of hand		100%
3	Loss of leg		100%
4	Loss of feet		100%
5	Loss of	- eye- sight of eye- sight of eye except perception of light	100% 100% 50%
6	Loss of four fingers a	nd thumb of one hand	50%
7	Loss of four fingers of	of one hand	40%
8	Loss of thumb	- both phalanges - one phalanx	25% 10%
9	Loss of index finger	three phalangestwo phalangesone phalanx	10% 8% 4%
10	Loss of middle finger	- three phalanges - two phalanges - one phalanx	6% 4% 2%
11	Loss of ring finger	three phalangestwo phalangesone phalanx	5% 4% 2%
12	Loss of little finger	three phalangestwo phalangesone phalanx	4% 3% 2%
13	Loss of metacarpals	- first or second (additional) - third, fourth or fifth (additional)	3% 2%
14	Loss of toes	 all great toe, both phalanges great toe, one phalanx each toe, other than great toe	15% 5% 5% 1%
15	Loss of hearing	- both ears - one ear	75% 15%
16	Loss of speech		50%

We will work out the total compensation **we** will pay for the **loss** due to the same **accident** by adding together the various percentages. However, this will not be more than 100% of the **sum assured**.

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Appendix 3

Plain English Campaign's Crystal Mark does not apply to the following section.

List of Critical Illnesses

The Life Insurance Association Singapore (LIA) has standard Definitions for 37 severe-stage Critical Illnesses (Version 2019). These Critical Illnesses fall under Version 2019. You may refer to www.lia.org.sg for the standard Definitions (Version 2019).

Any one of the following 30 Critical Illnesses is a Critical Illness:

1 Heart Attack of Specified Severity

Death of heart muscle due to ischaemia, that is evident by at least three of the following criteria proving the occurrence of a new heart attack:

- History of typical chest pain;
- New characteristic electrocardiographic changes; with the development of any of the following: ST elevation or depression, T wave inversion, pathological Q waves or left bundle branch block;
- Elevation of the cardiac biomarkers, inclusive of CKMB above the generally accepted normal laboratory levels or Cardiac Troponin T or I at 0.5ng/ml and above;
- Imaging evidence of new loss of viable myocardium or new regional wall motion abnormality. The imaging must be done by Cardiologist specified by Income.

For the above definition, the following are excluded:

- Angina:
- Heart attack of indeterminate age; and
- A rise in cardiac biomarkers or Troponin T or I following an intra-arterial cardiac procedure including, but not limited to, coronary angiography and coronary angioplasty.

Explanatory note: 0.5ng/ml = 0.5ug/L = 500pg/ml

2 Stroke with Permanent Neurological Deficit

A cerebrovascular incident including infarction of brain tissue, cerebral and subarachnoid haemorrhage, intracerebral embolism and cerebral thrombosis resulting in permanent neurological deficit. This diagnosis must be supported by all of the following conditions:

- Evidence of permanent clinical neurological deficit confirmed by a neurologist at least 6 weeks after the event; and
- Findings on Magnetic Resonance Imaging, Computerised Tomography, or other reliable imaging techniques consistent with the diagnosis of a new stroke.

The following are excluded:

- Transient Ischaemic Attacks;
- Brain damage due to an accident or injury, infection, vasculitis, and inflammatory disease;
- Vascular disease affecting the eye or optic nerve;
- Ischaemic disorders of the vestibular system; and
- Secondary haemorrhage within a pre-existing cerebral lesion.

3 Major Cancer

A malignant tumour positively diagnosed with histological confirmation and characterised by the uncontrolled growth of malignant cells with invasion and destruction of normal tissue.

The term Major Cancer includes, but is not limited to, leukemia, lymphoma and sarcoma.

Major Cancer diagnosed on the basis of finding tumour cells and/or tumour-associated molecules in blood, saliva, faeces, urine or any other bodily fluid in the absence of further definitive and clinically verifiable evidence does not meet the above definition.

For the above definition, the following are excluded:

 All tumours which are histologically classified as any of the following:

Pre-malignant;

Non-invasive;

Carcinoma-in-situ (Tis) or Ta;

Having borderline malignancy;

Having any degree of malignant potential;

Having suspicious malignancy;

Neoplasm of uncertain or unknown behaviour; or

All grades of dysplasia, squamous intraepithelial lesions (HSIL and LSIL) and intra epithelial neoplasia;

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- Any non-melanoma skin carcinoma, skin confined primary cutaneous lymphoma and dermatofibrosarcoma protuberans unless there is evidence of metastases to lymph nodes or beyond;
- Malignant melanoma that has not caused invasion beyond the epidermis;
- All Prostate cancers histologically described as T1N0M0 (TNM Classification) or below; or Prostate cancers of another equivalent or lesser classification;
- All Thyroid cancers histologically classified as T1N0M0 (TNM Classification) or below;
- All Neuroendocrine tumours histologically classified as T1N0M0 (TNM Classification) or below;
- All tumours of the Urinary Bladder histologically classified as T1N0M0 (TNM Classification) or below;
- All Gastro-Intestinal Stromal tumours histologically classified as Stage I or IA according to the latest edition of the AJCC Cancer Staging Manual, or below;
- Chronic Lymphocytic Leukaemia less than RAI Stage 3;
- All bone marrow malignancies which do not require recurrent blood transfusions, chemotherapy, targeted cancer therapies, bone marrow transplant, haematopoietic stem cell transplant or other major interventionist treatment; and
- All tumours in the presence of HIV infection.

4 Coronary Artery By-pass Surgery

The actual undergoing of open-chest surgery or Minimally Invasive Direct Coronary Artery Bypass surgery to correct the narrowing or blockage of one or more coronary arteries with bypass grafts. This diagnosis must be supported by angiographic evidence of significant coronary artery obstruction and the procedure must be considered medically necessary by a consultant cardiologist.

Angioplasty and all other intra arterial, catheter based techniques, 'keyhole' or laser procedures are excluded.

5 End Stage Kidney Failure

Chronic irreversible failure of both kidneys requiring either permanent renal dialysis or kidney transplantation.

6 Fulminant Hepatitis

A submassive to massive necrosis of the liver by the Hepatitis virus, leading precipitously to liver failure. This diagnosis must be supported by all of the following:

- Rapid decreasing of liver size as confirmed by abdominal ultrasound;
- Necrosis involving entire lobules, leaving only a collapsed reticular framework;
- Rapid deterioration of liver function tests;
- Deepening jaundice; and
- Hepatic encephalopathy.

7 Major Organ / Bone Marrow Transplantation

The receipt of a transplant of:

- Human bone marrow using haematopoietic stem cells preceded by total bone marrow ablation; or
- One of the following human organs: heart, lung, liver, kidney, pancreas, that resulted from irreversible end stage failure of the relevant organ.

Other stem cell transplants are excluded.

8 Blindness (Irreversible Loss of Sight)

Permanent and irreversible loss of sight in both eyes as a result of illness or **accident** to the extent that even when tested with the use of visual aids, vision is measured at 6/60 or worse in both eyes using a Snellen eye chart or equivalent test, or visual field of 20 degrees or less in both eyes. The blindness must be confirmed by an ophthalmologist.

The blindness must not be correctable by surgical procedures, implants or any other means.

9 Paralysis (Irreversible Loss of Use of Limbs)

Total and irreversible loss of use of at least 2 entire limbs due to injury or disease persisting for a period of at least 6 weeks and with no foreseeable possibility of recovery. This condition must be confirmed by a consultant neurologist.

Self-inflicted injuries are excluded.

10 Primary Pulmonary Hypertension

Primary Pulmonary Hypertension with substantial right ventricular enlargement confirmed by investigations including cardiac catheterisation, resulting in permanent physical impairment of at least Class IV of the New York Heart Association (NYHA) Classification of Cardiac Impairment.

The NYHA Classification of Cardiac Impairment:

Class I: No limitation of physical activity. Ordinary physical activity does not cause undue fatigue, dyspnea, or anginal pain.

Class II: Slight limitation of physical activity.
Ordinary physical activity results in symptoms.

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Class III: Marked limitation of physical activity. Comfortable at rest, but less than ordinary activity causes symptoms.

Class IV: Unable to engage in any physical activity without discomfort. Symptoms may be present even at rest.

11 Multiple Sclerosis

The definite diagnosis of Multiple Sclerosis, and must be supported by all of the following:

- Investigations which unequivocally confirm the diagnosis to be Multiple Sclerosis; and
- Multiple neurological deficits which occurred over a continuous period of at least 6 months.

Other causes of neurological damage such as SLE and HIV are excluded.

12 Alzheimer's Disease / Severe Dementia

Deterioration or loss of cognitive function as confirmed by clinical evaluation and imaging tests, arising from Alzheimer's disease or irreversible organic disorders, resulting in significant reduction in mental and social functioning requiring the continuous supervision of the **insured**. This diagnosis must be supported by the clinical confirmation of an appropriate consultant and supported by Income's appointed **registered medical practitioner**.

The following are excluded:

- Non-organic diseases such as neurosis and psychiatric illnesses; and
- Alcohol related brain damage.

13 Open Chest Surgery to Aorta

The actual undergoing of major surgery to repair or correct an aneurysm, narrowing, obstruction or dissection of the aorta through surgical opening of the chest or abdomen. For the purpose of this definition, aorta shall mean the thoracic and abdominal aorta but not its branches.

Surgery performed using only minimally invasive or intra arterial techniques are excluded.

14 Coma

A coma that persists for at least 96 hours. This diagnosis must be supported by evidence of all of the following:

- No response to external stimuli for at least 96 hours;
- Life support measures are necessary to sustain life; and
- Brain damage resulting in permanent neurological deficit which must be assessed at least 30 days after the onset of the coma.

For the above definition, medically induced coma and coma resulting directly from alcohol or drug abuse are excluded.

15 Deafness (Irreversible Loss of Hearing)

Total and irreversible loss of hearing in both ears as a result of illness or **accident**. This diagnosis must be supported by audiometric and sound-threshold tests provided and certified by an Ear, Nose, Throat (ENT) specialist.

Total means "the loss of at least 80 decibels in all frequencies of hearing".

Irreversible means "cannot be reasonably restored to at least 40 decibels by medical treatment, hearing aid and/or surgical procedures consistent with the current standard of the medical services available in Singapore after a period of 6 months from the date of intervention."

16 Open Chest Heart Valve Surgery

The actual undergoing of open-heart surgery to replace or repair heart valve abnormalities. The diagnosis of heart valve abnormality must be supported by cardiac catheterization or echocardiogram and the procedure must be considered medically necessary by a consultant cardiologist.

17 Irreversible Loss of Speech

Total and irreversible loss of the ability to speak as a result of injury or disease to the vocal cords. The inability to speak must be established for a continuous period of 12 months. This diagnosis must be supported by medical evidence furnished by an Ear, Nose, Throat (ENT) specialist.

All psychiatric related causes are excluded.

18 Major Burns

Third degree (full thickness of the skin) burns covering at least 20% of the surface of the **insured**'s body.

19 Terminal Illness

The conclusive diagnosis of an illness that is expected to result in the death of the **insured** within 12 months. This diagnosis must be supported by a specialist and confirmed by Income's appointed **registered medical practitioner**.

Terminal illness in the presence of HIV infection is excluded.

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20 HIV Due to Blood Transfusion and Occupationally Acquired HIV

- A) Infection with the Human Immunodeficiency Virus (HIV) through a blood transfusion, provided that all of the following conditions are met:
 - The blood transfusion was medically necessary or given as part of a medical treatment;
 - The blood transfusion was received in Singapore after the start date, date of endorsement or date of reinstatement of this policy, whichever is the later; and
 - The source of the infection is established to be from the Institution that provided the blood transfusion and the Institution is able to trace the origin of the HIV tainted blood.
- B) Infection with the Human Immunodeficiency Virus (HIV) which resulted from an accident occurring after the start date, date of endorsement or date of reinstatement of this policy, whichever is the later whilst the insured was carrying out the normal professional duties of his or her occupation in Singapore, provided that all of the following are proven to Income's satisfaction:
 - Proof that the accident involved a definite source of the HIV infected fluids;
 - Proof of sero-conversion from HIV negative to HIV positive occurring during the 180 days after the documented accident. This proof must include a negative HIV antibody test conducted within 5 days of the accident: and
 - HIV infection resulting from any other means including sexual activity and the use of intravenous drugs is excluded.

This **benefit** is only payable when the occupation of the **insured** is a medical practitioner, housemen, medical student, state registered nurse, medical laboratory technician, dentist (surgeon and nurse) or paramedical worker, working in medical centre or clinic (in Singapore).

This **benefit** will not apply under either section A or B where a cure has become available prior to the infection. "Cure" means any treatment that renders the HIV inactive or non-infectious.

21 End Stage Lung Disease

End stage lung disease, causing chronic respiratory failure. This diagnosis must be supported by evidence of all of the following:

 FEV₁ test results which are consistently less than 1 litre;

- Permanent supplementary oxygen therapy for hypoxemia;
- Arterial blood gas analyses with partial oxygen pressures of 55mmHg or less (PaO₂ ≤ 55mmHg);
 and
- Dyspnea at rest.

The diagnosis must be confirmed by a respiratory physician.

22 End Stage Liver Failure

End stage liver failure as evidenced by all of the following:

- Permanent jaundice;
- Ascites; and
- Hepatic encephalopathy.

Liver disease secondary to alcohol or drug abuse is excluded.

23 Motor Neurone Disease

Motor neurone disease characterised by progressive degeneration of corticospinal tracts and anterior horn cells or bulbar efferent neurones which include spinal muscular atrophy, progressive bulbar palsy, amyotrophic lateral sclerosis and primary lateral sclerosis. This diagnosis must be confirmed by a neurologist as progressive and resulting in permanent neurological deficit.

24 Muscular Dystrophy

The unequivocal diagnosis of muscular dystrophy must be made by a consultant neurologist. The condition must result in the inability of the **insured** to perform (whether aided or unaided) at least 3 of the 6 "Activities of Daily Living" for a continuous period of at least 6 months.

For the purpose of this definition, "aided" shall mean with the aid of special equipment, device and/ or apparatus and not pertaining to human aid.

25 Idiopathic Parkinson's Disease

The unequivocal diagnosis of idiopathic Parkinson's Disease by a consultant neurologist. This diagnosis must be supported by all of the following conditions:

- The disease cannot be controlled with medication; and
- Inability of the **insured** to perform (whether aided or unaided) at least 3 of the 6 "Activities of Daily Living" for a continuous period of at least 6 months.

For the purpose of this definition, "aided" shall mean with the aid of special equipment, device and/ or apparatus and not pertaining to human aid.

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26 Irreversible Aplastic Anaemia

Chronic persistent and irreversible bone marrow failure, confirmed by biopsy, which results in anaemia, neutropenia and thrombocytopenia requiring treatment with at least one of the following:

- Blood product transfusion;
- Bone marrow stimulating agents;
- Immunosuppressive agents; or
- Bone marrow or haematopoietic stem cell transplantation.

The diagnosis must be confirmed by a haematologist.

27 Angioplasty & Other Invasive Treatment For Coronary Artery

The actual undergoing of balloon angioplasty or similar intra-arterial catheter procedure to correct a narrowing of minimum 60% stenosis, of one or more major coronary arteries as shown by angiographic evidence. The revascularisation must be considered medically necessary by a consultant cardiologist.

Coronary arteries herein refer to left main stem, left anterior descending, circumflex and right coronary artery.

Payment under this condition is limited to 10% of the **sum assured** under this **policy** subject to a S\$25,000 maximum sum payable. This **benefit** is payable once only and shall be deducted from the amount of this **policy**, thereby reducing the amount of the **sum assured** which may be payable herein.

Diagnostic angiography is excluded.

28 Severe Bacterial Meningitis

Bacterial infection resulting in severe inflammation of the membranes of the brain or spinal cord resulting in significant, irreversible and permanent neurological deficit. The neurological deficit must persist for at least 6 weeks. This diagnosis must be confirmed by:

- The presence of bacterial infection in cerebrospinal fluid by lumbar puncture; and
- A consultant neurologist.

Bacterial Meningitis in the presence of HIV infection is excluded.

29 Benign Brain Tumor

Benign brain tumour means a non-malignant tumour located in the cranial vault and limited to the brain, meninges or cranial nerves where all of the following conditions are met:

- It has undergone surgical removal or, if inoperable, has caused a permanent neurological deficit; and
- Its presence must be confirmed by a neurologist or neurosurgeon and supported by findings on Magnetic Resonance Imaging, Computerised Tomography, or other reliable imaging techniques.

The following are excluded:

- Cysts;
- Abscess;
- Angioma;
- Granulomas;
- Vascular Malformations;
- Haematomas; and
- Tumours of the pituitary gland, spinal cord and skull base.

30 Severe Encephalitis

Severe inflammation of brain substance (cerebral hemisphere, brainstem or cerebellum) and resulting in permanent neurological deficit which must be documented for at least 6 weeks. This diagnosis must be certified by a consultant neurologist, and supported by any confirmatory diagnostic tests.

Encephalitis caused by HIV infection is excluded.

Others

The following two terms can be found in some of the above definitions, and their meanings are as follows:

1 Permanent Neurological Deficit

Permanent means expected to last throughout the lifetime of the **insured**.

Permanent neurological deficit means symptoms of dysfunction in the nervous system that are present on clinical examination and expected to last throughout the lifetime of the **insured**. Symptoms that are covered include numbness, paralysis, localized weakness, dysarthria (difficulty with speech), aphasia (inability to speak), dysphagia (difficulty swallowing), visual impairment, difficulty in walking, lack of coordination, tremor, seizures, dementia, delirium and coma.

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2 Activities of Daily Living (ADLs)

- (i) Washing the ability to wash in the bath or shower (including getting into and out of the bath or shower) or wash satisfactorily by other means;
- (ii) Dressing the ability to put on, take off, secure and unfasten all garments and, as appropriate, any braces, artificial limbs or other surgical appliances;
- (iii) Transferring the ability to move from a bed to an upright chair or wheelchair and vice versa;
- (iv) Mobility the ability to move indoors from room to room on level surfaces;
- (v) Toileting the ability to use the lavatory or otherwise manage bowel and bladder functions so as to maintain a satisfactory level of personal hygiene;
- (vi) Feeding the ability to feed oneself once food has been prepared and made available.

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