Important: This is a sample of the policy document. To determine the precise terms, conditions and exclusions of your cover, please refer to the actual policy and any endorsement issued to you.

# **Conditions for DIRECT Dread Disease Protect Pro**

### Your rider

This is an accelerated rider attached to a DIRECT Star Protect Pro policy.

It is an insurance protection plan that provides dread disease cover.

**We** will pay the benefits if the insured is diagnosed with a specified dread disease.

Any payment made under this rider will form an **accelerated payment**, and reduce the sum assured and any bonuses of its DIRECT Star Protect Pro policy.

## **1** What your rider covers

If the insured is diagnosed with a specified dread disease (except **angioplasty and other invasive treatment for coronary artery**), we will pay the sum assured. We will also pay any bonuses of its DIRECT Star Protect Pro policy. This rider will end after we make this payment.

If the insured undergoes **angioplasty and other invasive treatment for coronary artery**, we will pay 10% of the sum assured, subject to a maximum of \$\$25,000. We will only pay for this condition once under this benefit. We will also pay any corresponding bonuses of its DIRECT Star Protect Pro policy. After this payment, we will reduce the sum assured of this rider and its DIRECT Star Protect Pro policy. We will work out any future premiums or claims based on the reduced sum assured.

### 2 Our responsibilities to you

If **you** decide to reduce (other than a result of conversion of your DIRECT Star Protect Pro policy to a paid-up policy) or increase your DIRECT Star Protect Pro policy's sum assured, **we** will reduce or increase the sum assured of this rider accordingly, so that the sum assureds of both policy and rider are the same.

And if **you** decide to reduce or increase this rider's sum assured, **we** will reduce or increase the sum assured of your DIRECT Star Protect Pro policy accordingly so that the sum assureds of both policy and rider are the same.

**We** will work out any future premiums or claims based on the reduced sum assured.

This rider will end immediately when its DIRECT Star Protect Pro policy ends, or is converted to a paid-up policy.

# **3** Your responsibilities

**You** will pay your first premium at the time **you** apply for this rider. **You** will then pay future premiums when they are due. **You** will have 30 days as a period of grace to make these payments for this rider to continue. If **we** are due to pay any benefits during this period, **we** will take off any unpaid premiums from the benefits.

If **you** still have not paid the premium after the period of grace, this rider will end, unless **we** have activated the **automatic premium loan** facility under your basic policy.

If this rider ends because **you** have not paid the premium, **you** can reinstate it within 36 months by paying the premiums **you** owe along with interest. This applies as long as **you** give **us** satisfactory proof of the insured's good health and there is no change in the risks covered by this rider.

If **you** cancel your rider before the next premium is due, **we** will end your rider from the next premium due date and **we** will not refund any unused premium.

The premium that **you** pay for this rider is not guaranteed. **We** will give **you** six months' notice before **we** make any change.

### 4 What you need to be aware of

#### a Dread disease benefit

We only cover the dread diseases we define in this rider. The name of each dread disease is only a guide to what is covered. The full definition of each dread disease covered and the circumstances in which you can claim are given in this rider.

You must provide adequate medical evidence and we may ask the insured to have a medical examination by a doctor we have appointed. Every diagnosis must be supported by acceptable clinical, radiological, histological and laboratory evidence and confirmed by a registered medical practitioner.

**We** will not pay this benefit if your claim arises from:

- deliberate acts such as self-inflicted injuries, illnesses or attempted suicide;
- deliberate misuse of drugs or alcohol;
- acquired immunodeficiency syndrome (AIDS), AIDS-related complex or infection by human immunodeficiency virus (HIV), except

as stated under HIV due to blood transfusion and occupationally acquired HIV; or

 major cancer, heart attack of specified severity, coronary artery by-pass surgery, or angioplasty and other invasive treatment for coronary artery, where the insured was diagnosed with the disease within 90 days from the cover start date. For coronary artery by-pass surgery and angioplasty and other invasive treatment for coronary artery, the date of diagnosis shall refer to the date of diagnosis of the medical condition that leads to the surgical procedure, and not to the date of surgical procedure.

If the insured is also covered for dread disease benefit under any policies which have been issued in the past (whether issued by **us** or by any other insurer), the total dread disease benefit due under all these policies cannot be more than S\$3.6 million (including premiums waived due to dread disease but excluding bonuses). In this case **we** will first take into account the amounts due under the earlier policies, and then pay out only an amount to bring the total payments to S\$3.6 million (including premiums waived due to dread disease but excluding bonuses).

#### b Making a claim

To make a claim for death benefit, **we** must be told within six months after the insured's death.

If this policy provides for accidental death or accidental total and permanent disability (TPD) benefit, **we** must be told within thirty days after the insured's death or TPD. If **you** tell **us** after the thirty days, **we** will not pay the claim for accidental death or accidental TPD benefit.

To make a claim for other benefits, **we** must be told within six months after the diagnosis or the event giving rise to the claim. If **you** tell **us** after the six months, **we** will not pay the claim for the other benefits. When **we** pay a claim, **we** will not refund any premiums that have been paid.

#### c Refusing to pay a claim

After **you** have been continuously covered for one year from the **cover start date**, **we** will pay your claim unless:

- it is a case of fraud;
- you fail to pay a premium;
- the insured has a material pre-existing condition which you did not tell us about when you applied for this policy or rider if health declaration is required;
- you or the insured fail to tell us any significant information or information which is true, correct and complete which would have reasonably affected our decision to accept your application; or
- the claim is excluded or not covered under the terms of this policy or rider.

### 5 Definitions

Accelerated payment means any payment made by **us** under any rider, where such payment reduces the sum assured and any bonuses of the policy which the rider is attached to.

Automatic premium loan means that we pay the premiums on your behalf so the basic policy and its riders can continue. We will only do this if the basic policy has enough cash value. We treat this as a loan (called an automatic premium loan) and charge you interest. We will take these loans and interest from any amount we may be due to pay under the basic policy and its riders. If at any time the amount of the loans and interest is more than the cash value, the basic policy and its riders will end. **Cash value** means the amount available when **you** cancel a policy that has a savings feature before **we** pay a benefit under it (for example, for death), or it becomes due for payment (maturity), for example, an endowment policy. **We** work out the amount of the **cash value**.

#### Cover start date means the date:

- **we** issue the rider;
- we issue an endorsement to include or increase a benefit; or
- we reinstate the rider; whichever is latest.
- whichever is latest.

**Material pre-existing condition** means any condition that existed before the **cover start date** which would have reasonably affected **our** decision to accept your application and for which:

- the insured had symptoms that would have caused any sensible person to get medical treatment, advice or care;
- treatment was recommended by or received from a medical practitioner; or
- the insured had medical tests or investigations.

**Paid-up** means not paying any future premium payments and reducing the sum assured after the policy has built up a **cash value**.

**Registered medical practitioner** means a doctor who is qualified in western medicine and is legally licensed in Singapore or has the qualifications recognised by the Singapore Medical Council.

We, us, our means Income Insurance Limited.

**You** means the policyholder shown in the policy schedule.

# 5 Definitions

#### Activities of Daily Living (ADLs)

- (i) Washing the ability to wash in the bath or shower (including getting into and out of the bath or shower) or wash satisfactorily by other means;
- (ii) Dressing the ability to put on, take off, secure and unfasten all garments and, as appropriate, any braces, artificial limbs or other surgical appliances;
- (iii) Transferring the ability to move from a bed to an upright chair or wheelchair and vice versa;
- (iv) Mobility the ability to move indoors from room to room on level surfaces;
- (v) Toileting the ability to use the lavatory or otherwise manage bowel and bladder functions so as to maintain a satisfactory level of personal hygiene;
- (vi) Feeding the ability to feed oneself once food has been prepared and made available.

#### Permanent Neurological Deficit

Permanent means expected to last throughout the lifetime of the insured.

Permanent neurological deficit means symptoms of dysfunction in the nervous system that are present on clinical examination and expected to last throughout the lifetime of the insured. Symptoms that are covered include numbness, paralysis, localized weakness, dysarthria (difficulty with speech), aphasia (inability to speak), dysphagia (difficulty swallowing), visual impairment, difficulty in walking, lack of coordination, tremor, seizures, dementia, delirium and coma.

### 6 Definition of dread diseases

6.1	A malignant tumour positively diagnosed with histological confirmation and
Major cancer	characterized by the uncontrolled growth of malignant cells with invasion and destruction of normal tissue.
	The term Major Cancer includes, but is not limited to, leukemia, lymphoma and sarcoma.
	Major Cancer diagnosed on the basis of finding tumour cells and/or tumour- associated molecules in blood, saliva, faeces, urine or any other bodily fluid in the absence of further definitive and clinically verifiable evidence does not meet the above definition.

	For the above definition, the following are excluded:
	<ul> <li>All tumours which are histologically classified as any of the following:</li> </ul>
	Pre-malignant;
	Non-invasive;
	Carcinoma-in-situ (Tis) or Ta;
	Having borderline malignancy;
	Having any degree of malignant potential;
	Having suspicious malignancy;
	Neoplasm of uncertain or unknown behavior; or
	All grades of dysplasia, squamous intraepithelial lesions (HSIL and LSIL) and intra
	epithelial neoplasia;
	• Any non-melanoma skin carcinoma, skin confined primary cutaneous lymphoma
	and dermatofibrosarcoma protuberans unless there is evidence of metastases to lymph nodes or beyond;
	<ul> <li>Malignant melanoma that has not caused invasion beyond the epidermis;</li> </ul>
	<ul> <li>All Prostate cancers histologically described as T1N0M0 (TNM Classification) or</li> </ul>
	below; or Prostate cancers of another equivalent or lesser classification;
	<ul> <li>All Thyroid cancers histologically classified as T1N0M0 (TNM Classification) or holoury</li> </ul>
	below;
	<ul> <li>All Neuroendocrine tumours histologically classified as T1N0M0 (TNM Classification) or below;</li> </ul>
	• All tumours of the Urinary Bladder histologically classified as T1N0M0 (TNM
	Classification) or below;
	• All Gastro-Intestinal Stromal tumours histologically classified as Stage I or IA
	according to the latest edition of the AJCC Cancer Staging Manual, or below;
	Chronic Lymphocytic Leukaemia less than RAI Stage 3;
	• All bone marrow malignancies which do not require recurrent blood
	transfusions, chemotherapy, targeted cancer therapies, bone marrow
	transplant, haematopoietic stem cell transplant or other major interventionist
	treatment; and
	<ul> <li>All tumours in the presence of HIV infection.</li> </ul>
	• An tambars in the presence of the infection.
6.2	Death of heart muscle due to ischaemia, that is evident by at least three of the
Heart attack of	following criteria proving the occurrence of a new heart attack:
specified	<ul> <li>History of typical chest pain;</li> </ul>
severity	<ul> <li>New characteristic electrocardiographic changes; with the development of any</li> </ul>
Sevency	of the following: ST elevation or depression, T wave inversion, pathological Q
	waves or left bundle branch block;
	Elevation of the cardiac biomarkers, inclusive of CKMB above the generally
	accepted normal laboratory levels or Cardiac Troponin T or I at 0.5ng/ml and
	above;
	Imaging evidence of new loss of viable myocardium or new regional wall motion
	abnormality. The imaging must be done by Cardiologist specified by the
	Company.
	For the above definition, the following are excluded:

<ul> <li>Angina;</li> <li>Heart attack of indeterminate age; and</li> <li>A rise in cardiac biomarkers or Troponin T or I following an intra-arterial cardiac procedure including, but not limited to, coronary angiography and coronary angioplasty.</li> </ul>
Explanatory note: 0.5ng/ml = 0.5ug/L = 500pg/ml

6.3	A cerebrovascular incident including infarction of brain tissue, cerebral and
Stroke with	subarachnoid haemorrhage, intracerebral embolism and cerebral thrombosis
permanent neurological deficit	resulting in <b>permanent neurological deficit</b> . This diagnosis must be supported by all of the following conditions:
	• Evidence of permanent clinical neurological deficit confirmed by a neurologist at least 6 weeks after the event; and
	• Findings on Magnetic Resonance Imaging, Computerised Tomography, or other reliable imaging techniques consistent with the diagnosis of a new stroke.
	The following are excluded:
	Transient Ischaemic Attacks;
	<ul> <li>Brain damage due to an accident or injury, infection, vasculitis, and inflammatory disease;</li> </ul>
	<ul> <li>Vascular disease affecting the eye or optic nerve;</li> </ul>
	<ul> <li>Ischaemic disorders of the vestibular system; and</li> </ul>
	Secondary haemorrhage within a pre-existing cerebral lesion.

6.4 Coronary artery by-pass surgery	The actual undergoing of open-chest surgery or Minimally Invasive Direct Coronary Artery Bypass surgery to correct the narrowing or blockage of one or more coronary arteries with bypass grafts. This diagnosis must be supported by angiographic evidence of significant coronary artery obstruction and the procedure must be considered medically necessary by a consultant cardiologist.
	Angioplasty and all other intra-arterial, catheter based techniques, 'keyhole' or laser procedures are excluded.

6.5	Chronic irreversible failure of both kidneys requiring either permanent renal dialysis
End stage	or kidney transplantation.
kidney failure	

6.6	Chronic persistent and irreversible bone marrow failure, confirmed by biopsy, which
Irreversible	results in anaemia, neutropenia and thrombocytopenia requiring treatment with at
aplastic	least one of the following:
anaemia	Blood product transfusion;
	Bone marrow stimulating agents;
	Immunosuppressive agents; or

Bone marrow or haematopoietic stem cell transplantation.
The diagnosis must be confirmed by a haematologist

6.7 End stage lung	End stage lung disease, causing chronic respiratory failure. This diagnosis must be supported by evidence of all of the following:
disease	<ul> <li>FEV1 test results which are consistently less than 1 litre;</li> </ul>
	<ul> <li>Permanent supplementary oxygen therapy for hypoxemia;</li> </ul>
	<ul> <li>Arterial blood gas analyses with partial oxygen pressures of 55mmHg or less (PaO2 = 55mmHg); and</li> </ul>
	Dyspnea at rest.
	The diagnosis must be confirmed by a respiratory physician.

6.8 End stage liver failure	<ul> <li>End stage liver failure as evidenced by all of the following:</li> <li>Permanent jaundice;</li> <li>Ascites; and</li> <li>Hepatic encephalopathy.</li> </ul>
	Liver disease secondary to alcohol or drug abuse is excluded.

6.9	A coma that persists for at least 96 hours. This diagnosis must be supported by
Coma	evidence of all of the following:
	<ul> <li>No response to external stimuli for at least 96 hours;</li> </ul>
	<ul> <li>Life support measures are necessary to sustain life; and</li> </ul>
	<ul> <li>Brain damage resulting in permanent neurological deficit which must be assessed at least 30 days after the onset of the coma.</li> </ul>
	For the above definition, medically induced coma and coma resulting directly from alcohol or drug abuse are excluded.

6.10	Total and irreversible loss of hearing in both ears as a result of illness or accident.
Deafness	This diagnosis must be supported by audiometric and sound-threshold tests
(irreversible loss of hearing)	provided and certified by an Ear, Nose, Throat (ENT) specialist.
	Total means "the loss of at least 80 decibels in all frequencies of hearing".
	Irreversible means "cannot be reasonably restored to at least 40 decibels by medical treatment, hearing aid and/or surgical procedures consistent with the current standard of the medical services available in Singapore after a period of 6 months from the date of intervention."

6.11	The actual undergoing of open-heart surgery to replace or repair heart valve
Open chest	abnormalities. The diagnosis of heart valve abnormality must be supported by
heart valve	cardiac catheterization or echocardiogram and the procedure must be considered
surgery	medically necessary by a consultant cardiologist.
6.12 Irreversible loss of speech	Total and irreversible loss of the ability to speak as a result of injury or disease to the vocal cords. The inability to speak must be established for a continuous period of 12 months. This diagnosis must be supported by medical evidence furnished by an Ear, Nose, Throat (ENT) specialist. All psychiatric related causes are excluded.

6.13	Third degree (full thickness of the skin) burns covering at least 20% of the surface of
Major burns	the insured's body.

6.14	The receipt of a transplant of:
Major organ / bone marrow	<ul> <li>Human bone marrow using haematopoietic stem cells preceded by total bone marrow ablation; or</li> </ul>
transplantation	• One of the following human organs: heart, lung, liver, kidney, pancreas that resulted from irreversible end stage failure of the relevant organ.
	Other stem cell transplants are excluded.

6.15 Multiple	The definite diagnosis of Multiple Sclerosis, and must be supported by all of the following:
sclerosis	<ul> <li>Investigations which unequivocally confirm the diagnosis to be Multiple Sclerosis; and</li> <li>Multiple neurological deficits which occurred over a continuous period of at least 6 months.</li> </ul>
	Other causes of neurological damage such as systemic lupus erythematosus (SLE) and HIV are excluded.

6.16 Muscular dystrophy	The unequivocal diagnosis of muscular dystrophy must be made by a consultant neurologist. The condition must result in the inability of the insured to perform (whether aided or unaided) at least 3 of the 6 "Activities of Daily Living" for a continuous period of at least 6 months.
	For the purpose of this definition, "aided" shall mean with the aid of special equipment, device and/or apparatus and not pertaining to human aid.

6.17 Idiopathic Parkinson's disease	<ul> <li>The unequivocal diagnosis of idiopathic Parkinson's Disease by a consultant neurologist. This diagnosis must be supported by all of the following conditions:</li> <li>The disease cannot be controlled with medication; and</li> <li>Inability of the insured to perform (whether aided or unaided) at least 3 of the 6 "Activities of Daily Living" for a continuous period of at least 6 months.</li> </ul>
	For the purpose of this definition, "aided" shall mean with the aid of special equipment, device and/or apparatus and not pertaining to human aid.

6.18 Open chest surgery to aorta	The actual undergoing of major surgery to repair or correct an aneurysm, narrowing, obstruction or dissection of the aorta through surgical opening of the chest or abdomen. For the purpose of this definition aorta shall mean the thoracic and abdominal aorta but not its branches.
	Surgery performed using only minimally invasive or intra-arterial techniques are excluded.

6.19	Deterioration or loss of cognitive function as confirmed by clinical evaluation and
Alzheimer's	imaging tests, arising from Alzheimer's disease or irreversible organic disorders,
disease / severe	resulting in significant reduction in mental and social functioning requiring the
dementia	continuous supervision of the insured. This diagnosis must be supported by the clinical confirmation of an appropriate consultant and supported by the Company's appointed doctor.
	<ul> <li>The following are excluded:</li> <li>Non-organic diseases such as neurosis and psychiatric illnesses; and</li> <li>Alcohol related brain damage.</li> </ul>

6.20	A submassive to massive necrosis of the liver by the Hepatitis virus, leading		
Fulminant	precipitously to liver failure. This diagnosis must be supported by all of the following:		
hepatitis	• Rapid decreasing of liver size as confirmed by abdominal ultrasound;		
	• Necrosis involving entire lobules, leaving only a collapsed reticular framework;		
	Rapid deterioration of liver function tests;		
	Deepening jaundice; and		
	Hepatic encephalopathy.		

6.21	Motor neurone disease characterised by progressive degeneration of corticospinal			
Motor neurone	racts and anterior horn cells or bulbar efferent neurones which include spinal			
disease	muscular atrophy, progressive bulbar palsy, amyotrophic lateral sclerosis and			
	primary lateral sclerosis. This diagnosis must be confirmed by a neurologist as			
	progressive and resulting in permanent neurological deficit.			

6.22	Primary Pu	Imonary Hypertension with substantial right ventricular enlargement		
Primary pulmonary	permanent	by investigations including cardiac catheterisation, resulting in physical impairment of at least Class IV of the New York Heart		
hypertension	Association (NYHA) Classification of Cardiac Impairment.			
	Class I:	No limitation of physical activity. Ordinary physical activity does not cause undue fatigue, dyspnea, or anginal pain.		
	Class II:	Slight limitation of physical activity. Ordinary physical activity results in symptoms.		
	Class III:	Marked limitation of physical activity. Comfortable at rest, but less than ordinary activity causes symptoms.		
	Class IV:	Unable to engage in any physical activity without discomfort.		
		Symptoms may be present even at rest.		

6.23	A. Infection with the Human Immunodeficiency Virus (HIV) through a blood
HIV due to	transfusion, provided that all of the following conditions are met:
blood	
transfusion and	• The blood transfusion was medically necessary or given as part of a medical
occupationally	treatment;
acquired HIV	• The blood transfusion was received in Singapore after the <b>cover start date</b> ; and
	• The source of the infection is established to be from the Institution that provided the blood transfusion and the Institution is able to trace the origin of the HIV tainted blood.
	B. Infection with the Human Immunodeficiency Virus (HIV) which resulted from an accident occurring after <b>cover start date</b> whilst the insured was carrying out the normal professional duties of his or her occupation in Singapore, provided that all of the following are proven to the Company's satisfaction:
	<ul> <li>Proof that the accident involved a definite source of the HIV infected fluids;</li> <li>Proof of sero-conversion from HIV negative to HIV positive occurring during the 180 days after the documented accident. This proof must include a negative HIV antibody test conducted within 5 days of the accident; and</li> <li>HIV infection resulting from any other means including sexual activity and the use of intravenous drugs is excluded.</li> </ul>
	This benefit is only payable when the occupation of the insured is a medical practitioner, housemen, medical student, state registered nurse, medical laboratory technician, dentist (surgeon and nurse) or paramedical worker, working in medical centre or clinic (in Singapore).

This benefit will not apply under either section A or B where a cure has become
available prior to the infection. "Cure" means any treatment that renders the HIV
inactive or non-infectious.

6.24	Benign brain tumour means a non-malignant tumour located in the cranial vault and
Benign brain	limited to the brain, meninges or cranial nerves where all of the following conditions
tumour	are met:
	• It has undergone surgical removal or, if inoperable, has caused a <b>permanent neurological deficit</b> ; and
	<ul> <li>Its presence must be confirmed by a neurologist or neurosurgeon and supported by findings on Magnetic Resonance Imaging, Computerised Tomography, or other reliable imaging techniques.</li> </ul>
	The following are excluded:
	Cysts;
	Abscess;
	Angioma;
	Granulomas;
	Vascular Malformations;
	Haematomas; and
	Tumours of the pituitary gland, spinal cord and skull base.

6.25 Severe encephalitis	Severe inflammation of brain substance (cerebral hemisphere, brainstem or cerebellum) and resulting in <b>permanent neurological deficit</b> which must be documented for at least 6 weeks. This diagnosis must be certified by a consultant neurologist, and supported by any confirmatory diagnostic tests.
	Encephalitis caused by HIV infection is excluded.

6.26 Severe bacterial meningitis	<ul> <li>Bacterial infection resulting in severe inflammation of the membranes of the brain or spinal cord resulting in significant, irreversible and permanent neurological deficit. The neurological deficit must persist for at least six weeks. This diagnosis must be confirmed by:</li> <li>The presence of bacterial infection in cerebrospinal fluid by lumbar puncture; and</li> <li>A consultant neurologist.</li> </ul>
	Bacterial meningitis in the presence of HIV infection is excluded.

6.27 Angioplasty and other invasive	The actual undergoing of balloon angioplasty or similar intra-arterial catheter procedure to correct a narrowing of minimum 60% stenosis, of one or more major coronary arteries as shown by angiographic evidence. The revascularization must be considered medically necessary by a consultant cardiologist.
	Coronary arteries herein refer to left main stem, left anterior descending, circumflex and right coronary artery. Diagnostic angiography is excluded.

6.28 Blindness (irreversible loss of sight)	Permanent and irreversible loss of sight in both eyes as a result of illness or accident to the extent that even when tested with the use of visual aids, vision is measured at 6/60 or worse in both eyes using a Snellen eye chart or equivalent test, or visual field of 20 degrees or less in both eyes. The blindness must be confirmed by an ophthalmologist.
	The blindness must not be correctable by surgical procedures, implants or any other means.

6.29	Accidental head injury resulting in <b>permanent neurological deficit</b> to be assessed no
Major head	sooner than 6 weeks from the date of the accident. This diagnosis must be
trauma	confirmed by a consultant neurologist and supported by relevant findings on Magnetic Resonance Imaging, Computerised Tomography, or other reliable imaging techniques. "Accident" means an event of violent, unexpected, external, involuntary and visible nature which is independent of any other cause and is the sole cause of
	<ul> <li>the head Injury.</li> <li>The following are excluded:</li> <li>Spinal cord injury; and</li> <li>Head injury due to any other causes.</li> </ul>

6.30	Total and irreversible loss of use of at least two entire limbs due to injury or disease
Paralysis	persisting for a period of at least six weeks and with no foreseeable possibility of
(irreversible	recovery. This condition must be confirmed by a consultant neurologist.
loss of use of	
limbs)	Self-inflicted injuries are excluded.